

## ***Individual Support Sessions for parents and carers***

Our school is offering support sessions for parents and carers.

These are being delivered by the Anna Freud National Centre for Children and Families (AFNCCF), a leading mental health and wellbeing charity.

**This is an individual 45-minute appointment via phone or video call with specialist staff from AFNCCF.**

The offer is one appointment with one optional follow up appointment.

You are welcome to use this session to bring worries and concerns about your young person and/or the parenting relationship.

The Centre will provide appointments as quickly as possible, and at a time convenient for you.

**To book a consultation call** please use the following link:  
<https://forms.office.com/r/Xu0GStXraV>

If you have any queries, please contact us at:  
Email: [schoolsupportservice@annafreud.org](mailto:schoolsupportservice@annafreud.org)

The Privacy Notice for this service is available on the AFNCCF website: [https://www.annafreud.org/media/14408/privacy-notice-schools-support-service\\_aug-2021.pdf](https://www.annafreud.org/media/14408/privacy-notice-schools-support-service_aug-2021.pdf)

Our Patron: **Her Royal Highness The Duchess of Cambridge**

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